

100 ways to fundraise

Whether you're looking for fundraising ideas at work, school, a community group or a club – we're here to help! Take a look at our 100 ways to fundraise for some inspiration.

**EAST
CHESHIRE**
NHS Charity

- 1 Organise an afternoon tea
- 2 Bake 100 cakes
- 3 Organise a 100th themed birthday party
- 4 Climb 100 stairs a day
- 5 Complete 100 push ups
- 6 Collect 100 pieces of loose change challenge
- 7 Run a marathon
- 8 Climb a mountain
- 9 Plant 100 plants
- 10 Do 100 squats
- 11 Take part in a non-uniform day
- 12 Pick up 100 pieces of litter
- 13 Office collection
- 14 Take part in an obstacle course
- 15 Do 100 burpees
- 16 Take part in a 1000 minutes of exercise
- 17 Organise a pub quiz night with 100 questions
- 18 Watch 100 episodes of a TV boxset
- 19 Raise £100 through payroll giving
- 20 Take 100 penalties
- 21 Complete 100 sit ups
- 22 Do 100 yoga poses
- 23 Quickest time contest
- 24 Tombola
- 25 Learn 100 words of a new language
- 26 Complete 100 bicep curls
- 27 Organise a raffle at school or work
- 28 Run an Xbox tournament for 100 minutes
- 29 Take part in a dance class for 100 minutes
- 30 Unplug from technology for 100 minutes a day
- 31 Run a video game competition for 100 days
- 32 Walk 100 miles
- 33 Run 100 miles
- 34 Complete 100 hours of water sports
- 35 Take a break from your phone for 100 hours
- 36 Play 100 holes of golf
- 37 Take on a world record
- 38 Read for 100 minutes a week
- 39 100 minute running challenge
- 40 Sponsored sporting events
- 41 Silent auction
- 42 Endure 100 minutes of planking a month
- 43 Hold a sports day at school or work
- 44 Bike ride
- 45 Birthday giving
- 46 Bag packing
- 47 Beat the goalkeeper
- 48 Coffee morning
- 49 Raise £100
- 50 Car wash
- 51 Read 100 books
- 52 Cook 100 meals
- 53 Cycle 100 miles
- 54 Dance-a-thon
- 55 Take part in an activity for 100 days in a row
- 56 Easter egg hunt
- 57 Exercise challenge
- 58 Eurovision party
- 59 Charity football match
- 60 Fancy dress day
- 61 Fashion show
- 62 Watch 100 films
- 63 Make 100 crafts
- 64 Take part in a fun run
- 65 Play 100 games in 100 days
- 66 Give something up for a 100 days
- 67 Grow a beard – don't shave for 100 days
- 68 Guess how many challenge
- 69 Run 100km
- 70 Walk 100km
- 71 Head shave
- 72 100 hours of hiking
- 73 Donate 100 minutes of your earnings
- 74 Iron man challenge
- 75 Inflatable challenge
- 76 Sing 100 songs at karaoke
- 77 Knit 100 things
- 78 Kick a habit for 100 days
- 79 Complete 100 keepy-uppies
- 80 Do 100 good deeds
- 81 Complete 100 minutes of silence
- 82 Skip 100 times in a row
- 83 Attempt a table tennis rally of 100 shots
- 84 Play 100 rounds of catch
- 85 Complete 100 jobs around the house
- 86 Complete 100 star jumps
- 87 Make 100 cups of tea
- 88 Cycle 100km
- 89 Host a themed evening
- 90 Shoot 100 basketball hoops
- 91 Three Peaks Challenge
- 92 Play cricket for 100 overs
- 93 Throw 100 darts
- 94 Go meat free for a month
- 95 100 minutes of exercise a month
- 96 100 minutes of technology free a week
- 97 £100 donation to East Cheshire NHS Charity
- 98 Collect 100 £1 coins
- 99 Collect 100 10ps
- 100 Flip 100 pancakes

CONGLETON WAR MEMORIAL HOSPITAL'S
100th
ANNIVERSARY
celebrating past, present and future



Simply **scan the QR code** to get involved or find out more information on the events taking place this year!

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